

SMOKING AND HIV

HOW CAN SMOKING AFFECT YOU IF YOU ARE HIV+?

If you smoke you have an increased risk of:

- Developing opportunistic infections such as:
 - Tuberculosis (TB)
 - Pneumocystis pneumonia (PCP)
 - Oral thrush
- Faster progression of HIV disease
- Less success with HIV medication

WHAT HAPPENS WHEN YOU STOP SMOKING?

- Reduced chances of developing opportunistic infections
- Reduced risk of developing oral ulcers
- Increased success with HIV medication


Talk to your health care provider about how smoking may have affected your health.



Smoking Cessation Resources


New York State Smokers' Quitline

 1-866-NY-QUITS


 (1-866-697-8487)

Local Resources

Queens Hospital Center

 718-883-4209

Elmhurst Hospital Center

 718-334-2550