

DID YOU KNOW SMOKING AFFECTS YOUR MOUTH WHEN YOU SMOKE?

- Increases your risk of developing gum disease (peridontitis) and cavities.
- Causes oral or mouth cancer
- Stains and discolors your teeth and dentures
- Causes bad breath (halitosis)
- Interferes with the healing process after oral surgery


WHAT WILL HAPPEN WHEN YOU QUIT SMOKING?


- Your food will taste better
- Your breath will smell better
- Reduced chances of developing gum disease
- Reduced chances developing oral cancer
- Faster healing process after oral surgery

Talk to your health care provider about how smoking can affect your oral health.

Smoking Cessation Resources:


New York State Smokers' Quitline

 1-866-NY QUITTS


 1-866 697-8487

Local Resources

Queens Hospital Center

 718-883-4209

Elmhurst Hospital Center

 718-334-2550

